



Brahmarshi Patriji  
Founder, PSSM

# Pyramid Spiritual Science Academy (PSSA)

(An Education Wing of PSSM India.)



## A Certificate Course on Applied Meditation & Spiritual Science

**Level - 1**

**Organizer**  
**PSS ACADEMY**  
**(BENGALURU EAST)**

**Location:**  
2<sup>nd</sup> Floor, SLV Arcade, Channasandra main road,  
Tirumala shettihalli cross, Above ICICI Bank,  
Bangalore-67

**Timings :** IST: 9:00 AM to 5:00 PM  
**Date :** 25<sup>th</sup>, 26<sup>th</sup> & 27<sup>th</sup> November 2022  
**Duration :** 3 days



**SPEAKER**  
Dr. B. Sivaramappa,  
M.Sc. Ph.D. [Yoga]

*Course Certificate  
is issued by PSSA India*

**Pre-Registration  
is compulsory**

**Call: +91-9008532066 / 9008108809**

Email: [pyramidsacademy@gmail.com](mailto:pyramidsacademy@gmail.com)

Website: [www.pssacademy.org](http://www.pssacademy.org) | [www.pssmovement.org](http://www.pssmovement.org)

## LEVEL – 1-PROGRAMME – 3 days

- The course is a syllabus driven one for detailed study.
- The subjects are authoritative and can be quoted in any international forum.
- The PSSA is duly registered in India and qualified to teach Yoga Education as an A affiliation to the Bangalore University, Government of Karnataka, India for their cocourses.

### Objectives

- To introduce the fundamentals of SS [SS-Spiritual Science].
- To instill a commitment to Meditation & SS.
- To be clear about the concepts of emotions.
- To arouse positivity and togetherness in life.
- To eliminate fear psychosis of life.
- And of course, to communicate to others with great confidence.

### Course Syllabus

- Types of Sciences in Yogic lore.
- Divine Matrix.
- Define God.
- Meditation Technology.
- Analysis of "I"&"You"- "Me" & "My Body" - "He-She" & "It".
- Illusion and Delusion.
- Sources of Energy –Kundalini – Energy Wheels.
- Cause & Effect—Yoga Karmasu Kaushalm.
- Renunciation-Results & Rewards.
- Enlightenment-Self Realization-Pearls of Wisdom-8.
- Happiness Analysis.
- Right Food Habits.
- Money & Spiritual Science.
- Domestic Tranquility.
- No Blame Game.



#### **About the PSSA BENGALURU, INDIA**

*Established under the Chairmanship of Brahmarsi Pitamaha Patri ji in 2010 as an education wing of the PSSM India for imparting spiritual education in codified courses in addition to discourses. This has grown Nationally and Internationally. Apart from all major cities in India, countries abroad cover Cairo, Malaysia, Hoch Minh City, Hanoi, Shanghai, Bhutan etc. PSSA has MOUs with Digital Wellness University, South Korea, Vedic Wellness University, Florida, University of Technology, Jaipur, India and affiliation with Bangalore University, India on Yoga Studies.*